

PERU 2017
A SACRED WOMEN'S JOURNEY

EMBRACING YOUR SACRED INNER FEMININE

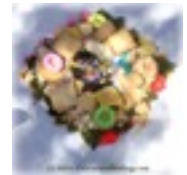
May 7 - May 15, with Machu Picchu Extension May 16-18, 2017

YOUR SPIRITUAL GUIDES: Mona Rain, Fl. USA & don Pepe Arancibia, Cuzco, Peru

Day 1, May 7, WELCOME TO PERU! Cuzco, Sacred Valley. *We arrive in Cusco, Peru by 12 noon! ...*



welcomed by our Peruvian guide & shaman/curandero, don Pepe Arancibia. Transfer to the Sacred Valley of the Incas and our hotel. Check in, lunch, orientation. Afternoon orientation include don Pepe's blessings to the Sacred Lands we will be traveling with. Introduction to the tradition and ceremonies of the sacred coca leaf, it's historical significance, and utilization by the indigenous peoples. We will meet our Q'ero Elder, don Jose Quispe, as we ceremoniously create a ritual Despacho of the region, offering prayers and blessings for our journey in the days ahead. Evening Fire Ceremony under Grandmother Moon, the Stars, Southern Cross and Milky Way!



*Despacho ~ an offering to the Earth Mother, spirits of the lands, and Apus or mountain spirits.

Overnight at Lizzy Wasi Boutique Hotel. +L

Day 2: Urco ~ Ceremonial Snake Temple, Urubamba Market, Coca Readings with Q'ero don Jose Quispe. After our breakfast by our hostess, Lizzy, we board our van for nearby Urco, the ceremonial



snake temple. You will be offered the opportunity to shed and release the old energy body. Afternoon in Urubamba market being amongst the local peoples of the region. Evening infusion of flower baths for Ritual Day, journaling, introspection.



Overnight Lizzy Wasi Hotel +B +L

Day 3: Ritual & Rejuvenation Day! This day will be focusing on rejuvenation and working with Pachamama's elements of earth, salt, water, flower, perfumes, meditations & ceremony, drumming as we honor the sacred temple of our bodies. We will enjoy a light diet today of local fresh fruits, juices, vegetables, soups, teas. A visit to nearby Chincheros, a village supported by the women's weaving co-op. A moon-infused crystal and moonstone flower bath and moon meditation completes our day, and prepares us for our communion with the Incredible sacred KillaRumiyok women's site the next day.



Overnight Lizzy Wasi Hotel.

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Day 4: KillaRumiyok ~ Moon Stone Temple. We will be spending the day at the expansive KillaRumiyok Women's Site. RE-Membering the Ancestral Women's rituals along the way, and deepening your connection to your own inner feminine. don Pepe and Mona will offer us the opportunity to commune with the plant spirit of the **huachuma cactus, or San Pedro to allow visionary states into other dimensions of time at this extraordinary site. (**see below) We will be collecting sacred waters from the flowing streams to infuse with our Bath later that evening, under MamaKilla - Full Moon's night sky. Picnic lunch on-site. Light soup/dinner upon return to our hotel. Overnight Lizzy Wasi Hotel. +B +Picnic Lunch

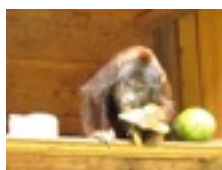


Day 5: Day in Cuzco, Plaza de Armas, Koricancha, Cathedral. We depart after breakfast for Cuzco, the "historical capital" of Peru. We will tour the historical magnificent holy Cathedral Basilica in the Plaza de Armas, and visit the Qoricancha Temple, the Incan Temple of the Sun. The "navel" of the Incan empire and the convergence of 41 ceques (leylines) of energy that extend out into the ancient Incan Empire. Sightseeing, and/or shopping in several of the local markets. Overnight at Hotel Munay Wasi. +B +L.



Day 6, 7: Cuzco, Puerto Maldonado, Amazon Rainforest & Natural Ecological Reserve

Early departure for our morning flight to Puerto Maldonado. Enjoy and relax into the energies as the Amazon Rainforest welcomes your spirit to meld with her vibrations. For the next 2 days, the lodge and the spirits of the rich ecosystem of the amazon jungle on the Madre de Dios River will be our home. Puerto Maldonado is known as the capital of biodiversity of Peru with 634 different species of birds, reptiles, aquatics, mammals, and monkeys. We will immerse ourselves in the energies of the rainforest, hiking & connecting deeply with the virgin nature around us, as we absorb



the primordial light and consciousness available in each moment. We will become acquainted with the local ecosystem and its inhabitants, the wildlife, the plant kingdom. There will be the opportunity to connect with ceremonial reverence in 2 traditional offerings of the sacred Mother ayahuasca of this region, vision deeply with Her wisdom and experience our interconnectedness. Ceremonial protocols will be included with don Pepe and Mona's guidance. There will be time for hiking & exploration deep within the jungle, group meetings, reflection, integration. *All

ceremonies are at your personal discretion. All expenses included, room, food, transportation.

{flights are extra, airline and flight information are given upon registration}

Overnight at renowned Eco-Amazonia Lodge +B,+L,+D.

Day 8: Puerto Maldonado, Cuzco, Temple of the Moon in Cuzco.

We say goodbye to the lush rainforest as we connect with our flight back to Cuzco. Here we visit the Temple of the Moon, a ceremonial cave on the outskirts of Cuzco, before nestling into the energy of the Sacred Valley and Lizzy Wasi for the evening. Early evening integration and fire council. Overnight Lizzy Wasi. +B +L



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Day 9: Apu Salkantay Mountain, TaraWasi. Early departure for our attunement with the female Apu Salkantay, known as the Wild Female Mountain, and one of the 4 major Guardian Apus that surrounds Cuzco. This day is about EMPOWERMENT! We are Blessed to have don Jose Quispe joining us on this magnificent day. On our return, we will stop by Tarawasi Archeological site. Overnight Lizzy Wasi Hotel. +B +L

Day 10: For our travelers returning home: Transportation to Cuzco Airport for return flights to Lima & International Connections. +B.

Day 10: MACHU PICCHU EXTENSION:

Ollyantaytambo, Machu Picchu, Aguas Caliente Hot Springs We visit Ollyantaytambo, where we will witness the remaining original constructions of the pre-Inca, Inca, and ancestral customs. Here we will board our train and embark upon our spectacular journey along the Urubamba River to Machu Picchu, Historical Reserve and the Cristal City of the Inca. A UNESCO World Heritage Site, located 70 miles from the city of Cuzco, between the highlands and the rainforest, Machu Picchu sits at 8,038' above sea level and the majestic



Urubamba River. In the evening we will visit the Hot Springs, and be guided in a Water meditation under the Stars & MamaQuilla ~ GrandmotherMoon surrounded by the crystalline energies of Machu Picchu. Overnight Machu Picchu. +B, +D.

Day 11: Machu Picchu! We begin after an early breakfast and spend the day exploring the magical and mystical famed Lost City of the Incas ~ Machu Picchu! We will awaken to the Incan mysticism & our crystalline Light as we view the sacred geography, the ancient harmonizing architecture of the doorways and windows and surrounding mountains. A breathtaking day of vast archeological remains, unique flora, fauna, and wildlife of the Andean cloud forest. Known as one of the "World's 7 New Wonders of the World", you will certainly feel "other-worldly" as you walk upon the same ground as the ancients. We will pay special attention to the guardian Apus, most notably Apu Veronica. Lunch/Dinner at the famous Indio Feliz restaurant in Machu Picchu Village. Overnight Lizzy Wasi Hotel. +B +L



Day 12: Transportation to Cuzco Airport for return flights to Lima & International Connections. +B.

+ Meals as noted daily: If not noted in above itinerary, cost of the meal is not included.
+B = Breakfast Included +L = Lunch Included +D = Dinner Included

** There will be the additional offering of communing with the sacred medicine plant Huachuma or San Pedro, ceremoniously led by don Pepe and Mona. These opportunities will be decided by don Pepe's expert intuitive relationship with the medicina, and its messages to the group and to the individual. All plant medicina is at your personal discretion, it is never a requirement.

~Contact Mona Rain for complete details and to reserve your space on this Special Journey! mona@ChacarunaHealing.com~

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YOUR SPIRITUAL TOUR GUIDES: Bridging Turtle Island and Heart Island

About Mona Rain ~ Florida, USA & Cuzco, Peru

As a healer and curandera for over 26 years, Mona is gifted in bridging ancient shamanic traditions and holistic healing practices. She is an initiated lineage carrier & sanctioned teacher in the Pachakuti Mesa Tradition of Cross-Cultural Shamanic Arts. Her soul's path is assisting others to cross over vital bridges within themselves, whether it's from one state of consciousness to another, from the mind to the heart, and/or from dis-ease to wellbeing and Self-Empowerment.

In 1998, Mona experienced her own "shamanic death" from a vaccine poisoning, and this experience further propelled Mona to seek shamanic connection and instruction. She was led to the Yachack shamans in Ecuador and was initiated into her Path of Light and the Fire Tradition in the high Andean mountains. From that moment, the energies and traditions of the Andes became her passion and life's work. Her story has been published in "Shamanic Transformations, True Stories of the Moment of Awakening" by Inner Traditions.

Mona maintains a private shamanic practice at the Shaman Spirits Cave in Boynton Beach, Fl., and offers Shamanic Healing & Coaching, mentoring, workshops, journeying, exploration of the divine feminine, ceremony, & fire cleansing, Distance Healing in Peru and USA.

Together Mona and don Pepe lead intimate groups into a transformational awakening on mystical lands forging unforgettable experiences with the medicine peoples, ancients, mountains spirits, sacred plant spirits and teachings of the harmonious balance of the divine feminine and divine masculine energies that create and infuse all sentient beings.

About don Pepe Arancibia ~ Cuzco, Peru

Pepe Arancibia, a native of Cuzco, Peru is an accomplished & highly experienced spiritual tour guide and shaman/curandero. For nearly 30 years don Pepe has trekked the lands of Peru, Bolivia, Ecuador, and the Amazon. don Pepe speaks Spanish, English and ancient Quechua (ancient language of the Inca) fluently. At the young age of 11, he taught himself English and began guiding the tourists throughout the streets of Cuzco, working for tips.

Throughout his career, he has worked alongside anthropologists and archeologists with many well know sites – Machu Picchu, Inca Trail, Choquequiro, and in the Sacred Valley, KillaRumiyok, and many more... He has traveled extensively and led groups into well traveled – and not so traveled – tourist paths throughout Peru. During his years as a guide, don Pepe developed intimate connections with the campesinos and indigenous populations, including the remote villages of the Q'ero peoples, and the Amazon. He is often called upon as a liaison to promote and foster harmony within the providences and governing principals, including several jungle areas, Manu Park and the Shipibo of the Amazon rainforests.

Having the gift of vision and other realities beyond our waking world from the early age of 5 years old, it is no surprise that don Pepe has an exemplary connection with the spirits of the land, Pachamama and the Apus, the sacred coca leaf, and the plant medicines of the highlands and the rainforests. He is able to masterfully navigate others' experiences while working with the wisdom of the plant medicines in ceremony and healings through the seen and unseen realities with stunning clarity. don Pepe is well respected and loved by all for his gentle, intuitive and caring personality, and his sharing of his wisdom and prayers with the lands of Peru and beyond. Pepe is truly a spiritually dedicated earth steward serving Pachamama and all of Her beings in this auspicious epoch of Gaia.



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Testimonials from past participants

* "This was the trip of a lifetime for me!... and yes I know travel is good for expanding ones horizons, but this trip deeply affected my soul. The change I have gone through since returning home is almost indescribable. I am very happy about it and I am still integrating the experience. I know I will never be the same.

Not only was this a spiritual experience, it was also a physical one. The hiking, the altitude and the constant stimulation kept me in present time and deeply in touch with the energies at the sacred sites we visited. I prepared for 2 months before the trip with fitness exercises and a pure diet guided by Mona. This I am very grateful for. The logistics of the trip were seamless. don Pepe and Mona's mastery of this was obvious. We were all well taken care of, and no extra effort on our part was required and we could focus on our own personal journey.

The ceremonies were incredible and have really changed my perspective on my life and death. I feel very much at peace and quite fearless about my future. This is not to say I do not have moments of fear in my life now, it just means those moments have no impact on me. The nature in Peru has a vibration to it that I found very sacred, and to be honest with you there are particular sites we visited that I still dream about, as I felt such a strong connection there. I wholeheartedly recommend this grand adventure with Mona and Pepe as your guides. *~ Denny Reed Artworks, Owner @ People Development, PA.*

* "I don't know what your other tours etc. are like, or on what level the bonds you form there-within are, ..but you, my sister, have reached out to me in a way that renews my faith in the innate kindness of spirit and desire to coexist in a mutually beneficial way with Pachamama that I know exists within our species. I am not alone... You are not alone...WE are not alone. Thank you again, Monita. We will meet again. On what plane, let the spirits decide - But we will meet again. Peace. " *~ Brian L, ~ Freelance Camera Operator & LA Dodgers, Los Angeles, CA.*

* "I had the incredible experience of realizing a dream, a dream that I been cultivating on some level of my existence, in each and every lifetime, that I have lived over the last 1,000 years. I believe that I was able to bring this dream to fruition, in this lifetime, due to my sacred contract with Mona Rain. It has been through and with her guidance, mentorship, compassion, unconditional love understanding and genuine belief in her mission to be the bridge that enables those of us who choose the journey, to travel and arrive back home, safely and complete.

Working with Mona over a period of three years, she assisted me in assimilating to channeling Masters of the Light, as well as working and integrating other intuitive abilities, to the degree, that I felt ready to experience Peru at the depths it was meant for me. Knowing that Mona was always holding sacred space for me, allowed for me to truly let go of any fears or inhibitions. I believe that this true sense of freedom, along with the incredible energies of Peru, help set the stage for the most amazing experience of my life. I was gifted with the integration of a fragment of my over-soul and the energetic activation and alignment with universe.

I have experienced Mona's essence and truth and know, that she works from the highest level of integrity. It is because of these qualities, coupled with her knowledge, beliefs, wisdom and dedication to the ancients, that I choose her as my maestra (Guide) to Peru. Mona's partnership with don Pepe is a match made in the cosmos. Together they bring about an experience, that some could only dream about. It was evident that Mona and don Pepe planned each and every aspect of this amazing trip, with exquisite precision. From the intricate sacredness of the ceremonies to the leisure trips into the jungle for a day of hiking. Each day, each hour, built upon the latter, creating excitement and wonder.

Don Pepe was brilliant with his teachings and gentle guidance in the ways and history of the Peruvian people. Each day we all looked forward to his sharing of Peruvian customs, stories, daily antidotes as well as the daily agenda.

I began my trip with an open mind and an open heart, hoping only to find something I had been searching for, for over a thousand years... I ended my trip with a mind full of possibilities and a heart full of contentment, knowing that someday soon I would return to a place I now knew I could truly call home. I consider it to have been a great honor to have had Mona and don Pepe as my Guides on such an incredible journey and will be forever grateful.

~ Susan Johnston, Intuitive Life Coach, Certified Clinical/Transpersonal Hypnotherapist, Pace, FL.

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* "Mona Rain is my 'Shaman, Healer, Sage'. I have been a regular client of hers for over 10 years and the healing I have experienced physically, mentally, and spiritually has been profound. In addition to her skills as a healer, I am so grateful for her calm and grounded demeanor. I place my full trust in her abilities and her confidentiality.

Mona is also a teacher of Earth Medicine. My connection with the Earth has grown as a result of her leadership. I have learned many self-healing techniques from her teachings. In 2012, I traveled to Peru with Mona as part of a tour group on an archaeological and spiritual quest. It was there that I met Pepe Arancibia, one of our Peruvian guides. He knows his way around Peru! don Pepe is a sweet and gentle man so connected to the Energies, the Cosmos, and the Earth. He tunes in to your needs, and supports you at the perfect time.

Mona and don Pepe make the perfect guides for a Peruvian Quest. They are a beautiful balance of feminine and masculine energy. They know how to lead a group physically, mentally, spiritually. They intuit your energy, knowing what you are experiencing and how to help you navigate allowing you to have a an amazing experience!"

~ Victoria C., ~ Owner Angel Awakenings Crystal Pendulums, Palm Beach, FL.

* " In 2006, I was badly injured in an accident and lost my father within a few days. It was a very dark time for me. Fortunately, I met Mona Rain who helped to heal my body and my soul. Today, 10 years later, Mona helps heal me from the strains of a difficult, but rewarding job. As a healer, she is as important to me as my regular internist, perhaps even more so. In 2012 , my husband and I had the opportunity to travel in the magic land of Peru with Mona and don Pepe. I remember being in a ceremony with the beautiful ikaros sung by Pepe, with Mona kneeling & looking like a guardian angel, praying for the Spirit's opening. Traveling with the two of them, we learned much about the native people of Peru and the ancient cultures of the country. Sitting in the field of Sacsayhuaman looking at the amazing walls of this historical site while don Pepe led a meditation, was an amazing and healing moment. I was so fortunate to be able to travel with these remarkable guides, that I returned a gentler person. I will always thank them for this trip and one day, I hope to see more magical sites under their guidance."

~ Mary M. Director of HR., Principal, Geosyntec Consultants Inc, Boca Raton, FL.

* "Following my intuition, I found Mona through an internet search and asked for her help in healing my mother. I then had the pleasure of meeting her a year later and received several wonderful healing treatments from her. A few months afterwards, shortly after my father passed away, my husband and I traveled with Mona and a small group to Peru on a healing and heart opening journey. There we (cont) (cont) had the pleasure of meeting Pepe. It was a honor to travel with both Mona and don Pepe. They are wonderful souls: Mona's grounded and unassuming demeanor combined with don Pepe's gentle nature allow one to feel comfortable and safe under their skilled and knowledgeable tutelage. It was quite a memorable journey and one that we will carry in our hearts forever. I highly recommend experiencing Peru under their guidance. "

~ Kathy & Bruce G. ~ Owners, BirdSong~ WWOOF (willing workers on organic farms) & organizers

of annual Kiwiburn Festival Christchurch, New Zealand

* " The Journey of a Lifetime! ... the work and trips you are doing is priceless and we will only know how important with time and healing... We are the warriors of the Earth Mother and our One Human Tribe.. Monita, I send Much Love to you and don Pepe! Shungo Flow!"

~ Ken Herft, JR. ~ Freelance Camera Operator & Disney Productions, Los Angeles, CA



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PLEASE READ FULLY: We are offering an Intimate, private journey for our participants, with 2 spiritual guides daily. We will also be providing the services of our Q'ero Elder, don Jose Quispe, on several days.

** A valid passport or visa is required for your travel. Expiration date is required to be 6 months or more after your return date into your country of residence.

COST: Full payment of USA dollars \$2675.00 per person double occupancy. Your Initial Deposit of \$1100.00 is required by March 18, 2017 to reserve your space on this journey. This price is based upon a MINIMUM OF 10 TRAVELERS. (maximum of 15 travelers). Please do not purchase your airline tickets before this date!

-- 2nd Payment of \$ 875.00 is due April 1st, to fully secure our reservations in Peru, and
—Final Payment of \$700.00 (remainder of monies) due April 30th, 2016.

*MACHU PICCHU EXTENSION: Full payment of \$595.00 to be paid at time of Initial Deposits on March 18, 2017. This price includes ALL travel r/t to Sacred Valley, r/t train tickets, r/t bus tickets to Citadel of Machu Picchu, ALL entrance fees, Lodging, +B, +L, don Pepe and Mona's private tour guidance.

** Please note ALL airline tickets are separate from this itinerary, and are to be purchased by the individual. I will be available to assist in this process with possible recommendations.

This price includes everything as outlined in the above itinerary:

** Two spiritual guides for your journey ~ Don Pepe and Mona.

** All hotels and lodging. (double occupancy).

** Meals as denoted daily.. B=breakfast L=lunch D=dinner.

** All transportation as noted in itinerary, in-country travel to all sites, hotel and transfers.

** Admission tickets to sacred sites, train and bus tickets.

**The opportunity to experience 3 sacred plant ceremonies of the indigenous cultures with don Pepe & Mona { all ceremonies of the plant medicines are at your personal discretion, not required }

** Itinerary may be subject to change due to unexpected travel delays, weather, or unexpected site restrictions. Similar or alternate itinerary will be remedied immediately per don Pepe's & Mona's discretion.

This price does NOT include the following:

1. Round trip airfares: Domestic, International and any in-country Peru flights.
2. Domestic airfares. Flight information will be forthcoming for Puerto Maldonado with Airline, Flight times and flight numbers.
3. Airport taxes international and/or domestic.
4. Gratuities - any and all gratuities ~ bus/van drivers, waiters, waitress, bellhops, etc. * Don Pepe's gratuities are given on an individual basis at the conclusion of the trip.
5. Meals not listed as included on the itinerary.
6. Incidental food and beverages bought in transit, bottled water, soft drinks, etc.
7. Telephone, personal laundry, personal purchases. Expenses incurred because of participants missed flights, buses, etc. Expenses incurred due to sickness or possible injury during the tour.
8. Travel and Accident Insurance.

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~ Contact Mona Rain to Reserve Your Space on this very Special Intimate Journey ~

This journey rich with nurturing and rejuvenating women's rituals, meditations, connecting with our Earth Mother, and Empowering for women of all ages desiring to embrace their Sacred Inner Feminine!
We will re-member our connection with moon cycles, re-birth, and Empower our Sacred Divine Self.
(trip is limited to 15 maximum)

mona@ChacarunaHealing.com
954-675-5945

An Invitation~

“When I turn my face away from my longing because of my fear of being the fool, I must work to cover the cracks in my resolve to abandon the heat of my desire. But my soul is too aligned with life to give up. Late at night when I am too weary to push away the longing, she comes, looking for me, begging me to simply be with her and my fear of her. I can hear her, a small, insistent voice asking me to remember that desire lived brings the ecstasy of falling more deeply in love with my own life every day.

And in the moment of this remembering, no risk seems too great.”



~ Oriah Mountain Dreamer from “The Invitation”